PRINCIPAL’S MESSAGE

I can’t believe we have finished 3 weeks of this term; it is going by way too fast. On Tuesday the executive team met to draft some ideas for staffing and class structures for 2016. The way the school will be structured is dependent on student numbers, so it is really important that you notify the front office if your child/ren will not be returning in 2016 so we can plan accordingly. Of course we sadly know that our year 6 students won’t be coming back next year so there is no need to let the office know.

Talking of next year all NSW public schools are currently being advised of their 2016 Resource Allocation Model (RAM) funding. RAM distributes funding based on individual needs of students and schools, and gives schools greater flexibility to make financial decisions.

The way schools use their RAM funding will vary based on local needs. Some support will be for the entire school, and some will be for particular groups of students or individual students.

There is an overview document about the RAM available on the Department of Education website. If you would like to know more about how our school is planning to use the funding to support students, please talk to me.

The school’s next P&C meeting is on Wednesday October 28 just after 9:00am. Our new CLO, Tianna has been working hard at getting to know our families and she welcomes the opportunity to meet more families. If you have the time please come along as we understand how much the school benefits from active parent participation. No pressure, just an open invitation to come along.

Lately we have had some students trying to flush food down the toilets or placing whole toilet rolls in toilets to block them. This, of course, is not only a hygiene concern but also it can cause significant plumbing issues. Please remind your child/ren to treat school facilities with respect.

Any parent with a child currently in Year 5 interested in applying for a Year 7 selective placement in 2017 for your son or daughter please note that there are information booklets at the office.

Unfortunately last week some of our students saw a syringe on their way home from school. The Neighbourhood Centre notified us of this incident and they have been very vigilant in checking the area before home time in the hope that students don’t have to come across this again. We contacted the Police Youth Liaison Officer as well and spoke to the students involved about how to be safe in situations like these. It’s very important that all students get this same message – if you see a syringe then don’t touch it and report it to an adult you trust.

On October 8 the Traffic Officer from Liverpool City Council came out to look at the safety of afternoon pickups along Williamson Crescent. Overall the change of zones seems to be working well and most families were being safe and responsible. We ask that you do not park in other people’s driveways or do U-Turns in the street as it is very narrow and dangerous, not to mention against the law. The officer will be making random visits for the rest of the term with a possible visit from parking rangers as well.

Kind regards
Ms Deb Robinson
P&C NEWS
School Banking takes place each Wednesday morning in the C4K Room.
If you would like your child to participate to develop a positive saving habit, please request an application form from the P&C who conduct the weekly banking.

BREAKFAST CLUB
Open each morning from 8:30am in the C4K Room.

FOOD-A-LICIOUS CANTEEN NEWS
Warwick Farm is a Health Promoting School and our canteen menu meets the requirements of the Healthy Canteen Nutrition Policy. Through the generosity of the Salvation Army the canteen is currently open 5 days a week as an outreach of the Food4Life Market.
Canteen orders need to be placed before 9:00am. Over the counter purchases can be made at recess and lunch times.
Thank you.

FRUIT BREAK INITIATIVE
The Fruit Break program is a highly successful initiative to encourage the children to improve their daily intake of fresh fruit and vegetables. You can support this initiative by making sure that your child has their “Fruit Break” snack every day.

SCHOOL COUNSELLOR SERVICE
Did You Know?
My name is Hendy Kurniawan and I am the School Counsellor. I work in the school on Wednesdays and every second Friday.
School Counsellors are placed in schools to help and support students and their families. Sometimes life at home or at school can be very difficult and students may need someone to listen to them. Students see the School Counsellor for many reasons. They may be:
- having problems with their friends or family
- feeling “down” or worried
- worried about their school work
- getting into “trouble” at school
- having problems settling in to school
- just having “problems”
School Counsellors can work with students and their parents and carers to support them during a difficult time.
If I can be of assistance to your family, please contact the school on 9602 8260 to make an appointment.

Hendy Kurniawan
School Counsellor

“The important thing about a problem is not its solution, but the strength we gain in finding the solution.” - Anonymous

WHOOPING COUGH:
There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children. Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies. Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

- Children with these symptoms should see a doctor.
• If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.

• Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website for information for childcare and schools about whooping cough.

ASSEMBLY ROSTER
Whole School Assemblies are held every two weeks in the School Hall. Classes take turns in leading the Assembly. All community members are invited to attend.

<table>
<thead>
<tr>
<th>TERM 4 ASSEMBLY ROSTER</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Week</td>
<td>Class</td>
</tr>
<tr>
<td>Friday 6 November</td>
<td>KH</td>
</tr>
<tr>
<td>Friday 20 November</td>
<td>5/6WH</td>
</tr>
<tr>
<td>Friday 4 December</td>
<td>3/4S</td>
</tr>
</tbody>
</table>

DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Dates</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 27 October</td>
<td>KH &amp; K/1B Walking Excursion to Liverpool</td>
</tr>
<tr>
<td>Wednesday 28 October</td>
<td>P&amp;C Meeting 9:00am C4K Room</td>
</tr>
<tr>
<td>Thursday 3 December</td>
<td>High School Orientations</td>
</tr>
<tr>
<td>Wednesday 9 December</td>
<td>Presentation Day</td>
</tr>
<tr>
<td>Wednesday 9 December</td>
<td>Year 6 Farewell</td>
</tr>
<tr>
<td>Tuesday 15 December</td>
<td>Fun Day</td>
</tr>
<tr>
<td>Thursday 17 December</td>
<td>Last Day of School 2015</td>
</tr>
<tr>
<td>Friday 18 December</td>
<td>Pupil Free Day</td>
</tr>
</tbody>
</table>

The Department of School Education and Warwick Farm Public School in no way endorses any of the products or services mentioned in the following advertisements. Their appearance in our Newsletter is a fund raising activity and a community service.
**The simplest way**

...to pack the five food groups!

Follow our easy guide to pack the healthiest lunch box that features the five food groups – and don’t forget a bottle of water!

**Fruit:** It’s high in fibre, vitamins and minerals. Serve fruit in fun ways: try fruit kebabs or fruit in small containers, and remember, kids are more likely to eat it if it’s cut up into small pieces.

**Vegetables:** Pack carrot and celery sticks with hummus or salsa, or even a vegie slice.

**Breads + cereals:** Try wholemeal bread, wraps and pita, or rice and pasta leftovers.

**Reduced-fat dairy:** A slice of cheese, yoghurts and custards are all great lunch box items.

**Lean protein:** Cooked chicken, tuna, egg, roast meat, or legumes such as red kidney beans and chickpeas.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

---

**The simplest way**

...to be SunSmart in spring.

Did you know that during spring you need to protect your skin from the sun every day?

In most parts of NSW, the UV level is 3 or above during spring. This means that even on cooler days, you need to protect your skin in five ways: slip on sun-safe clothing; slap on SPF30+ or higher, broad-spectrum, water-resistant sunscreens; slap on a broad-brim hat; seek shade, and slide on sunglasses.

*Slip*  *Slap*  *Slap*  *Seek*  *Slide*

Protect yourself in five ways from skin cancer

How do you know if the UV level is 3 or above in your area?

Download the SunSmart app! The app provides recommended sun protection times, a calculator to check if you’re using enough sunscreen, and a tracker to find out if you’re getting enough UV exposure to help with your vitamin D levels.

To help keep your kids safe in the sun, check your school’s SunSmart status by visiting www.sunsmart.org.au